

Dads Saturday
1st Saturday of every month
Contact your local centre
for details

Lister Park Children's Centre Cluster Timetable of Groups & Classes
September 2016 to December 2016
To book your place and for further Information please contact the Children's Centre

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Parents are welcome to attend Classes across the Cluster

	MON AM	MON PM	TUE AM	TUE PM	WED AM	WED PM	THU AM	THU PM	FRI AM	FRI PM
ABBEY GREEN CHILDREN'S CENTRE 01274 722070	Baby Group 10.00 – 12.00	Debt & Benefit Advice 12.30 - 3.30 (MAS) HENRY 1.00 – 3.00	Walk the Green Mile 9.15 – 11.15	Debt & Benefit Advice 12.45 - 3.00 Sewing (Basic) 1.00 - 3.00	Developmental Movement Play 10.00 – 11.00	English Accredited 1.00 – 3.00	Parents Coffee Morning 9.00- 10.00 Play & Learn 10.00 -12.00 Baby Massage 10.00 -11.00	ICT: Digital Families 1.00–3.00 Debt & Benefit Advice 12.30 - 3.30	Legal Advice Clinic 9.00 - 10.00 Number Sacks 9.30 – 11.30	Play & Learn 1.00 - 3.00
FARCLIFFE CHILDREN'S CENTRE 01274 436700	Parents Coffee Morning 9.00- 10.00 Mums Wellness Course 10.00 – 12.00	Baby Massage 1.30 - 2.30 Play & Learn 1.00 - 3.00	Developmental Movement Play 9.30 - 10.30 Little Lane Church	Maths Accredited 1.00 -3.00 Dads Chill & Chat 1.00 – 3.00 (monthly)		Woodland/ Outdoor Fun Play & Learn Sessions 1.00-2.30 Heaton Woods (All Centres)	HENRY 10.00 -12.00 First Aid 10.00 -12.00 Debt & Benefit Advice 9.30 - 12.30	English Accredited 1.00 - 3.00 Legal Advice Clinic 4.00 - 5.00	Sewing Basic 9.30 - 11.30 English Accredited 9.30 -11.30	Play & Learn 1.00 - 3.00
FRIZINGHALL AND HEATON VILLAGE CHILDREN'S CENTRE 07582 101644	Cook & Eat 9.30 – 11.30 (St Margaret's) Family Support Drop in Session 9.30 – 11.30 (St Margaret's)	English Accredited 1.00 – 3.00 (St Margaret's)	Legal Advice Clinic 9.00 - 10.00	Developmental Movement Play 2.00 - 3.00 (St Margaret's)	Play & Learn 10.00 - 11.30 (Heaton Village Hall)		HENRY 9.30 - 11.30 (St Margaret's)		Play & Learn 10.00 - 11.30 (Heaton Village Hall)	
HEATON CHILDREN'S CENTRE 01274 363070	Health Trainer 9.30 - 1.30	Play & Learn 1.30 - 3.00	Debt & Benefit Advice 9.15 - 12.00 Nurturing Programme 9.30 - 11.30	English Accredited 1.00 – 3.00	Parents Coffee Morning 9.30- 11.00 (monthly)	Breastfeeding Buddies 1.30 – 3.00 Baby Group 1.30 - 3.00	Developmental Movement Play 9.30 - 11.00 Legal Advice Clinic 9.00 - 12.00	Maths Accredited 1.00 - 3.00	Baby Massage 10.00 - 11.00	
MIDLAND ROAD CHILDREN'S CENTRE 01274 546492	English Accredited 9.15 - 11.15 Physical Play & Learn 9.15 - 11.15	Play & Learn 1.30 - 3.00 (BEAP) Baby Massage 1.30 - 3.00 Work Club 1.00 - 3.00 Sewing (Basic) 1.00 - 3.00 (BEAP)	Introduction to Child Development 9.15 - 11.15 English Accredited 9.15 - 11.15	Allotments 11.30 - 1.30 (Queens Road) Nurturing Programme 1.00 - 3.00	Welcome to the World 10.00 – 12.00 Westbourne Green Medical Centre (All Centres)	Walk the Green Mile 1.15 – 3.15	Play & Learn 9.15 - 11.15 Parents Coffee Morning 9.15 - 11.15 Debt & Benefit Advice 9.00 - 3.00	Dads Chill & Chat 1.00 - 3.00 (monthly) Creative Activities For Child Development 1.00 - 3.00	Sewing Advanced 9.15 - 11.15 Legal Advice Clinic 10.00 - 11.00	Maths Accredited 1.00 – 3.00